

SCHOOL TRIP SMART GOAL EXAMPLE

Below is a detailed example of a SMART goal.

- On the left are the SMART elements, including a summary of each element.
- On the right are the details of the goal for each SMART element.
- **Highlighted terms** are the key items for each SMART element example.

<p>Specific</p> <p>Define the goal in detail.</p>	<p>The details of my financial goal are:</p> <p>My financial goal is to have enough money to go on the school trip in November this year.</p>
<p>Measurable</p> <p>Specify the exact amount of money you need to achieve the goal. Record as many details about the cost as you can.</p>	<p>The exact amount and breakdown of the money needed to achieve the goal:</p> <p>The cost of my goal is \$860. This covers:</p> <ul style="list-style-type: none"> • \$660 trip cost payable to the school in 5 monthly payments of \$132 • \$200 spending money
<p>Achievable</p> <p>The goal must be possible for you to reach, and not just a hope or something from a wish list.</p>	<p>The full details of the plan to achieve this goal are:</p> <p>I earn a minimum of \$55 a week from my part time job. If I save \$43 each week (\$172 per month *5 = \$860 total), I'll have enough to make the five \$132 monthly payments to the school and cover my \$200 spending money.</p>
<p>Relevant</p> <p>The goal must align with other life requirements and objectives.</p>	<p>The reasons behind why this goal matters to me and is worth my time and energy to achieve it are:</p> <ul style="list-style-type: none"> • I have never been to the state we're going to, and I'd love to see the sights of the capital city. • My best friend is going on this trip. • The timing of the trip will not interfere with my schooling, exams will be finished. • My parents are ok with this if I can save the money. • I will still have at least \$10 left after saving each week for other stuff.
<p>Time-based</p> <p>A time frame in which the goal must meet the deadline.</p>	<p>The amount of time I need to achieve this goal, and the date I plan to reach it is:</p> <p>The trip has to be paid for by November 1 this year. I have 5 months to save \$860 to achieve my goal. I have the ability to save this (\$172 a month) over 5 months.</p>